



SERVED UNTIL 12:00

THE GRILL O 59

Two eggs, two rashers of bacon, grilled tomato, chips, toast & preserves.

THE CHEESE GRILLER 65

Two eggs, cheese griller, grilled tomato, chips, toast & preserves.

THE RSA 105

Two eggs, two rashers of bacon, cheese griller, baked beans or sautéed mushrooms, grilled tomato, chips, toast & preserves.

THE OLD SCHOOL 95

Two eggs, two rashers of bacon, sautéed mushrooms, baked beans, grilled tomato, chips, toast & preserves.

AVO SCRAMBLE TOAST 85

Choice of toast, served with smashed avo & scrambled egg.

- Add Bacon 32
- Add Halloumi 59
- Add Mushrooms 29

MINCE & SCRAMBLE 105

Savoury mince & cheese on toast, served with scrambled egg & avo on the side.

PAN OMELETTES

3 Egg open omelette served with toast.

BACON & MUSHROOM 80

Sautéed mushrooms, bacon bits & grated cheese.

SPANISH 90

Marinated peppers, sautéed mushrooms, cherry tomatoes, feta & grated cheese.

THREE CHEESE 80

Cheddar, mozzarella & feta.

TOASTIES

EGG, CHEESE & TOMATO 60

BACON, EGG & CHEESE 70

CHICKEN & MAYO 70

Breakfast EXTRAS

Toast & preserves	10	120g Burger patty	39	Sautéed mushrooms	29
Egg	6	Grated cheese	10	Cheese griller	30
Bacon	32	Baked beans	22	Avo	25



Cheesy Garlic Bakes



Peri Peri Chicken Livers

Starters



CHEESY GARLIC BAKES

Choice of 6 snails grilled in garlic butter or crumbed mushrooms or prawn tails, covered in creamy garlic sauce. Finished off with oven baked cheddar & mozzarella cheese.

- Snail option 99
- Crumbed mushroom option 99
- Prawn option **NEW!** 129

PERI-PERI CHICKEN LIVERS 79

Chicken livers grilled in a creamy peri-peri sauce, served with toasted garlic bread.

CRUMBED MUSHROOMS 95

Golden deep-fried crumbed mushrooms, served with tartar sauce.

HALLOUMI BACON BITES 79

Halloumi, wrapped in bacon, deep-fried & served with sweet chilli sauce.

CREAMY GARLIC MUSSELS **NEW!** 89

Half shell mussels in a creamy garlic & white wine sauce. Served with toasted garlic bread.

GRILL O WINGS 89

Chicken wings tossed in our secret hot & spicy breading, deep-fried to perfection. Served with blue cheese sauce, sweet chilli or creamy ranch sauce. Can also be ordered "not spicy".

CHICKEN TENDERS 79

Crumbed chicken strips, deep-fried, served with sweet chilli or cheese sauce.

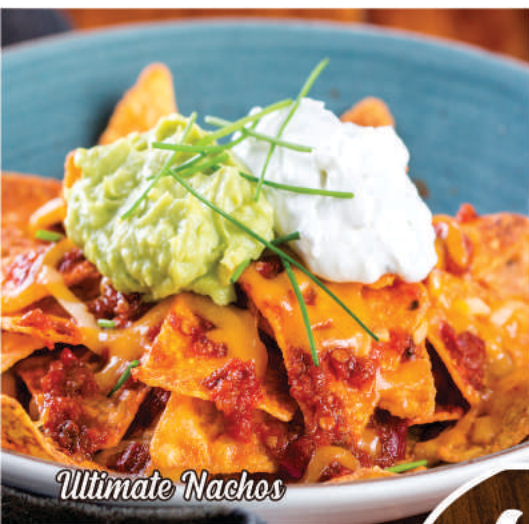
CHEESY GARLIC ROLL 49

Hero roll, sliced and smeared with garlic butter, then smothered in creamy garlic sauce. Finished off with oven baked cheddar cheese.

- Add bacon bits 30



Grill O Wings



ON THE Lighter Side

TRINCHADO

Beef fillet or chicken strips pan fried with red peppers, garlic & chilli in a creamy peri sauce. Served with toasted garlic bread.

- Beef fillet option **149**
- Chicken option **129**

ULTIMATE NACHOS **89**

Tortilla chips layered with tomato relish, grilled cheddar cheese, guacamole & sour cream.

- Add chicken bits **32**
- Add jalapeno **15**

GRILL O PREGO

Fillet steak or chicken breast perfectly pan-fried in garlic butter & our spicy prego sauce, decked with a generous portion of fried onion shavings. Served on a fresh Portuguese roll with chips on the side.

- Beef fillet option **149**
- Chicken fillet option **129**

GRILL O MAC-CHEESE **89**

The old family favourite, made with the Grill O touch!

- Add bacon bits **30**
- Add chicken bits **32**

YUMMY BOWL



Fillet steak or chicken breast lightly spiced & pan-fried, served with basmati rice, tomato, grilled corn, avo, cream cheese & spicy relish.

- Beef fillet option **159**
- Chicken fillet option **139**

LITE-SIDE CHICKEN **129**

Grilled chicken breast, topped with tomato, 1000 island dressing & avo. Served with sweet potato fries.

STEAK & MUSHROOM WEDGES **149**

Fried potato wedges topped with fillet steak strips, sautéed mushrooms & mushroom sauce.

CHEESY FRIES **55**

Fries drenched in cheese sauce.

- Add bacon bits **30**
- Add biltong bits **29**
- Add Jalapeno **15**

TRAMEZZINI

Toasted pita bread filled with mozzarella cheese & your choice of fillings, served with chips.

- Chicken mayo **120**
- Bacon, feta & avo **120**



Grill O Steak



Steaks grilled with our secret Grill O basting, dry rubbed with our Grill O spice blend or pepper crusted. All our steaks are perfectly matured 100% SA grain-fed beef.

Rump

250g	189
500g	279

Sirloin

200g	149
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Fillet

200g	219
300g	289

T-Bone

350g	209
500g	279

Sirloin-on-the-Bone

500g	279
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The Grill O Steak

300g Sirloin-on-the-Bone	199
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Sauces & Sides

SAUCES

35

Choose a delicious home-made sauce to perfectly compliment your steak.

- Garlic (Creamy or garlic butter)
- Monkey gland
- Cheese
- Pepper
- Mushroom
- Peri-Peri

Side Dishes

Chips	30
Baked potato	24
Creamy mash & gravy	40
Sweet potato fries	32
Rice	19
Veggies	49
Pumpkin fritters	45
Onion rings	35
Onion shavings	32
Mini Greek salad	69
Chopped chillies	15



Grill O Signatures

Larny Rump



EGOLI FILLET 259

200g Fillet topped with cheese sauce, bacon bits and grated cheddar.

Grill O Legend GRILL O RUMP 249

250g Rump topped with cheese sauce, sautéed mushrooms, grated cheddar & bacon bits.

MIX GRILL 320

Super combo of 200g sizzling steak, loin lamb chop & Grill O wings. Fit for a king!!

LARNY RUMP 249

250g Rump topped with lemon cream, avo & biltong shavings.

NACHO RUMP 259

250g Rump topped with tortilla chips, tomato relish, grated cheddar, smashed avo & lemon cream.

Grill O GRILL O STEAK & WINGS 269

300g Sirloin-on-the-Bone & Grill O wings, served with creamy ranch sauce.

Salads

AVO CORN SALAD NEW! 119

Lettuce base with cherry tomatoes, peppers, red onion, avo & corn.

- Add bacon bits 30
- Add feta bits 20

CHICKEN & AVO SALAD PLATE 149

A deconstructed salad with grilled chicken strips, feta cheese, avo, corn, cucumber, red onion, boiled egg & cherry tomatoes.

GREEK SALAD V 119

Lettuce base loaded with feta cheese, red onion, cherry tomatoes, peppers & olives.

Grill O GRILL O SALAD 139

Grilled chicken strips, avo, feta & roasted cashew nuts, served on a farm-fresh salad base.

CHICKEN MAYO SALAD 139

Tangy chicken mayo, with avo & bacon bits, served on a farm-fresh salad base.



Grill O

Iconic Full Cage Ribs



Grill O's own In-house secret recipe! Dry rubbed and slow roasted in the oven for 3-4 hours, then marinated and grilled with our BBQ basting or Grill O honey basting. A full cage rib is the perfect combination of loin and belly, giving you the best of both worlds.

Full Cage Ribs

500g



199



GRILL O HOT RIBS 210

500g Full cage ribs, golden-fried in our secret breading. Nice & spicy. You'll beg for more!!

Can also be ordered "not spicy".



Grill O Hot Ribs

Rib Combos

RIB & WINGS



269

500g Cage ribs & spicy Grill O wings.

RIB & CHICKEN

299

500g Cage ribs & 1/2 peri chicken.

TWO-WAY RIBS

339

500g Cage ribs & 500g deep fried ribs.



DELICIOUS Burgers



The Grill O

*All our beef burgers are 180g prime beef, minced & lightly spiced, served with chips & onion shavings.
Any burger can be served as a chicken option at no extra charge.*

THE BASIC 115 
Tomato, sweet pickles & smokey mayo.

THE FAMOUS CHEESE 129 
Basic with cheese sauce & cheddar cheese.

THE MEXICAN 149 
Tomato relish, smashed avo, jalapeno & cheddar cheese.

THE AMERICAN 149 
Bacon, cheese & egg.

THE JOZI 149 
Smashed avo & bacon.

THE CHEESY PEPPER  139 
Cheddar slice & creamy black pepper sauce.

THE VEGGIE  139 
Vegetarian patties, sautéed mushrooms & mushroom sauce.

 **THE GRILL O**  199 

Double open-faced burger, with double toppings! Bacon, egg & cheese & cheddar slab, sautéed mushrooms & mushroom sauce.



Braised Short Rib

Grill O

Specialities

Eisbein

GRILL O BEEF SCHNITZEL 199

Tenderised prime beef, crumbed & golden fried, topped with sautéed mushrooms & bacon bits, then covered with cheese sauce & grated cheddar cheese.

FAMOUS EISBEIN 199

Pickled eisbein, crispy-fried. Served with fluffy mash or chips.

LAMB SHANK SQ

Slow roasted with loads of added flavour. Served on fluffy mash or rice & veg. Ask your waiter for availability, size & price.

BRAISED SHORT RIB 239

500g Delectable beef short rib, marinated & slow cooked in a red wine broth. Served on fluffy mash or rice & veg. You'll beg for more!

OXTAIL SQ

Grill O's secret recipe! Served on fluffy mash or rice & veg.

HAKE & PRAWNS 239

Grilled fillet of hake, paired with 4 plump prawns. Served with lemon butter or garlic butter sauce.

OLD SCHOOL FISH & CHIPS 149

Fillet of hake, grilled or fried in a light batter.

LM PRAWNS SQ

8 or 12 Plump prawns, perfectly grilled in butter, served on a bed of rice. Finished off with lemon butter sauce. Garlic butter, lemon butter or peri sauce on the side.

PERI CHICKEN & PRAWNS 229

Half peri chicken, paired with 4 plump prawns. Served with lemon butter or garlic butter sauce.

Pasta

SPAGHETTI

PENNE

FETTUCCINE

CHOICE OF SPAGHETTI, PENNE OR FETTUCCINE

BOLOGNESE 130

The Italian classic.

GRILL O ALFREDO 145

Chicken strips, bacon bits & mushrooms sautéed in butter with a hint of garlic, finished off with crème fraîche. ● Beef fillet option 189

SHORT RIB RAGU 165

Slow cooked shredded short rib in a rich red wine broth.

La GAMBERI 185

Prawn meat & mussels in a creamy white wine & garlic sauce.



Grill O Chicken Schnitzel



Butter Chicken Curry

Chicken



Chicken Schnitzels

PANKO-CRUMBED CHICKEN BREAST FILLET, SERVED WITH YOUR FAVOURITE TOPPINGS & STARCH OF CHOICE.

Any Schnitzel may also be ordered "naked" as grilled chicken breasts.

● Beef option R30 extra.

- Saucy chicken schnitzel - cheese, mushroom, pepper or garlic. **129**
- Cheese slab & mushroom sauce. **145**
- Cheese slab & pepper sauce. **145**
- Cheese sauce, pickled jalapenos & grated cheddar. **165**
- Cheese sauce, biltong shavings & grated cheese. **165**
- Tortilla chips, tomato relish, melted cheddar, smashed avo & lemon cream. **179**
- Cheese sauce, bacon bits, sautéed mushrooms & grated cheddar. **179**

CHICKEN, BACON & MUSHROOM WEDGES **135**

Fried potato wedges topped with grilled chicken bits, bacon bits, sautéed mushrooms, cheese sauce & grated cheddar cheese.

SHISA SCHNITZEL **145**

Chicken breast fillet crumbed with our hot-and-spicy breading. Topped with a cheese slice & cheese sauce.

- Add biltong **29**
- Add jalapeno **15**

CHICKEN CORDON BLEU **195**

Crumbed chicken roulade, filled with mozzarella, cheddar & gypsy ham. Topped with mushroom & cheese sauce.

TWO-WAY WINGS **175**

BBQ wings & spicy deep-fried wings, served with blue cheese sauce, sweet chilli or creamy ranch sauce.

PERI-PERI CHICKEN

Marinated in our mild Portuguese chilli sauce & roasted in the oven. Finished off on the flame-grill.

- Full Chicken **195**
- Half Chicken **139**

BUTTER CHICKEN CURRY **169**

Mild & sweet, Moorish creamy curry, served with Basmati rice.

KIDS MENU

Specially crafted meals for children under 12 only.



Cheesy Burger



Chicken Strips



Mac-n-cheese

MEALS



CHEESY BURGER & CHIPS 75

CHICKEN STRIPS & CHIPS 65

MAC-n-CHEESE 59

MAC-n-MINCE 59

FISH FINGERS & CHIPS 55

CHEESY PIZZA 55

- Add bacon bits - 30
- Add cheese griller bits - 30

TOASTED CHEESE 49

DRINKS



JUICE 25

Ask your waiter for availability.

SODAS 250ml 15

Coke, coke no sugar, fanta or crème soda

MILKSHAKES 30

Chocolate, strawberry, bubblegum, lime or banana

KIDDIES UNICORN SHAKE 45

KIDDIES OREO-CARAMEL SHAKE 45

FLOATS 25

Coke, fanta or crème soda

DESSERTS



ASTRO ICE CREAM & STRAWBERRY SAUCE 25

OREO ICE CREAM & CHOC SAUCE 25



Milkshakes



● Regular shake 40 ● Large shake 49

VANILLA, LIME, STRAWBERRY, CHOCOLATE, COFFEE,
BUBBLEGUM, CARAMEL OR FRUIT

CARAMEL KOEKSISTER 59

Vanilla-caramel shake loaded with caramel sauce & a koeksister.

SALTED CARAMEL EXTREME 59

Salted caramel shake with caramel sauce & caramel popcorn.

UNICORN 59

Strawberry & bubblegum rainbow shake with astros, sprinkles & mini marshmallow cone.

PEANUT BUTTER FUDGE DREAM 59

Vanilla-fudge shake blended with peanut butter & home-made fudge.

OREO-CARAMEL DELIGHT 59

Chocolate shake with crushed oreos & caramel popcorn.

COOKIES & CREAM 59

Strawberry shake with cookies, wafer & cream.





Café & Drinks



FILTER COFFEE

Regular 25 Mega 32

POT OF TEA

22

Rooibos or Five roses.

ESPRESSO

Single 25 Double 32

AMERICANO

Regular 28 Mega 36

CAPPUCCINO - froth

Regular 32 Mega 42

CAPPUCCINO - cream

Regular 34 Mega 44

RED CAPPUCCINO

Regular 34 Mega 44

CAFÉ LATTE

36

GOURMET LATTE/FRAPPÉ

45

Chai, hazelnut or salted caramel.

HOT CHOCOLATE or MILO

45

HOT WATER & LEMON

9

HOT WATER, LEMON & HONEY 22

MINERAL WATER

22

Still or sparkling.

FRUIT JUICE

Variety of flavours available.

Regular 32 Large 48 Jug 140

SODAS (300ml bottle/can)

26

Coca-Cola, coke no sugar, coke light, sprite, sprite no sugar, stoney, crème soda or fanta.

SODAS (500ml served in a glass)

30

Coca-Cola, Coke no sugar, Sprite, Crème soda or Fanta.

ICE TEA

35

Lemon or peach.

TIZERS

36

Apple or grape.

ROCK SHANDY

Sprite, soda water & bitters.

Regular 28 Large 42

THIRST QUENCHERS

Cola tonic, lime or passion fruit, served with sprite or soda water.

Regular 26 Large 38

• Milk can be substituted for Almond milk @ R10 extra • Honey @ R10 extra