



# Breakfast TIME

SERVED MONDAY TO FRIDAY UNTIL 12:00

**THE GRILL O** 49

Two eggs, two rashers of bacon, grilled tomato, chips, toast & preserves.

**THE CHEESE GRILLER** 59

Two eggs, cheese griller, grilled tomato, chips, toast & preserves.

**THE RSA** 95

Two eggs, two rashers of bacon, cheese griller, baked beans or sautéed mushrooms, grilled tomato, chips, toast & preserves.

**THE OLD SCHOOL** 85

Two eggs, two rashers of bacon, sautéed mushrooms, baked beans, grilled tomato, chips, toast & preserves.

**BREKKIE BURGER** 119

120g Prime beef patty, decked with a cheese slice, crispy bacon & two fried eggs. Served on a fresh burger roll with all the trimmings.

**MINCE & SCRAMBLE** **NEW!** 95

Savoury mince & cheese on toast, served with scrambled egg & avo on the side.

## PAN OMELETTES

3 Egg open omelette served with toast.

**BACON & MUSHROOM** 75

Sautéed mushrooms, bacon bits & grated cheese.

**SPANISH** **V** 85

Sautéed mushrooms & peppers, cherry tomatoes, feta & grated cheese.

**MINCE & CHEESE** **NEW!** 85

Savoury mince & grated cheese.

## TOASTIES

**EGG, CHEESE & TOMATO** **V** 59

**BACON, EGG & CHEESE** 69

**CHICKEN MAYO** 69

**MINCE & CHEESE** 69

## Breakfast EXTRAS

Toast & preserves	9	Grated cheese	9	Cheese griller	28
Egg	5	Baked beans	19	Avo	24
Bacon	28	Sautéed mushrooms	26	120g Burger patty	36

GRILL O 's FAMOUS BREAKFAST BUFFET SERVED EVERY SATURDAY, SUNDAY & SELECTED PUBLIC HOLIDAYS. ASK YOUR FRIENDLY WAITER OR MANAGER FOR MORE INFO.



*Cheesy Garlic Bakes*



*Peri Peri Chicken Livers*

# Starters

## CHEESY GARLIC BAKES

Choice of 6 snails grilled in garlic butter or crumbed mushrooms, covered in creamy garlic sauce. Finished off with oven baked cheddar & mozzarella cheese.

- Snail option 89
- Crumbed mushroom option 89

## PERI-PERI CHICKEN LIVERS 69

Chicken livers grilled in a creamy peri-peri sauce, served with toasted garlic bread.

## CRUMBED MUSHROOMS 85

Golden deep-fried crumbed mushrooms, served with tartar sauce.

## HALLOUMI BACON BITES 69

Halloumi, wrapped in bacon, deep-fried & served with sweet chilli sauce.

## DEEP-FRIED CAMEMBERT 69

Served with black cherry sauce.

**NEW!**

## GRILL O WINGS 79

Chicken wings tossed in our secret hot & spicy breading, deep-fried to perfection. Served with blue cheese sauce, sweet chilli or creamy ranch sauce. Can also be ordered "not spicy".

## CHICKEN TENDERS 69

Crumbed chicken strips, deep-fried, served with sweet chilli or cheese sauce.

## CHEESY GARLIC ROLL 39

Hero roll, sliced & smeared with garlic butter, then smothered in creamy garlic sauce. Finished off with oven baked cheddar & mozzarella cheese.

- Add bacon bits 28



*Grill O Wings*



Ultimate Nachos



Lite Side Chicken



Yummy Bowl

## ON THE Lighter side

### TRINCHADO

Beef fillet or chicken strips pan fried with red peppers, garlic & chilli in a creamy peri sauce. Served with toasted garlic bread.

- Beef fillet option 129
- Chicken option 105

### ULTIMATE NACHOS 79

Tortilla chips layered with tomato relish, grilled cheddar cheese, guacamole & sour cream.

- Add chicken bits 32
- Add jalapeno 15

### GRILL O PREGO

Fillet steak or chicken breast perfectly pan-fried in garlic butter & our spicy prego sauce, decked with a generous portion of fried onion shavings. Served on a fresh Portuguese roll with chips on the side.

- Beef fillet option 129
- Chicken fillet option 105

### GRILL O MAC-CHEESE 79

The old family favourite, made with the Grill O touch!

- Add bacon bits 28
- Add chicken bits 32

### YUMMY BOWL

Fillet steak or chicken breast lightly spiced & grilled, served with basmati rice, tomato, grilled corn, avo, cream cheese & spicy relish.

- Beef fillet option 139
- Chicken option 119

### LITE-SIDE CHICKEN 109

Grilled chicken breast, topped with tomato, 1000 island dressing & avo. Served with sweet potato fries.

### STEAK & MUSHROOM WEDGES 129

Fried potato wedges topped with fillet steak strips, sautéed mushrooms & mushroom sauce.

### CHEESY FRIES 45

Fries drenched in cheese sauce.

- Add bacon bits 28
- Add biltong bits 25
- Add Jalapeno 15

### TRAMEZZINI

Toasted pita bread filled with mozzarella cheese & your choice of fillings, served with chips.

- Chicken mayo 109
- Bacon, feta & avo 109
- Savoury mince 109



# Grill O Steaks

*Steaks grilled with our secret Grill O basting, dry rubbed with our Grill O spice blend or pepper crusted. All our steaks are perfectly matured 100% SA grain-fed beef.*

## Rump

250g	169
500g	249

## Sirloin

200g	139
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## Fillet

200g	179
300g	239

## T-Bone

350g	189
500g	239

## Ribeye-on-the-Bone

500g	249
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## The Grill O Steak

300g Sirloin-on-the-Bone	169
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## Sauces & Sides

### SAUCES 28

Choose a delicious home-made sauce to perfectly compliment your steak.

- Garlic (Creamy or garlic butter)
- Mushroom
- Cheese
- Pepper
- Monkey gland
- Peri-Peri

## Side Dishes

Chips	25
Baked potato	19
Creamy mash & gravy	35
Sweet potato fries	29
Rice	12
Veggies	39
Pumpkin fritters	35
Onion rings	28
Onion shavings	25
Mini Greek Salad	55



# Grill O Signatures

Larny Rump

**EGOLI FILLET** 219  
 200g Fillet topped with cheese sauce, bacon bits & grated cheddar.

**GRILL O RUMP** 219  
 250g Rump topped with cheese slice, cheese sauce, sautéed mushrooms & bacon bits.

**MIX GRILL** 279  
 Super combo of 200g sizzling steak, loin lamb chop & Grill O wings. Fit for a king!!

**LARNY RUMP** 219  
 250g Rump topped with lemon cream, avo & biltong shavings.

**NACHO RUMP** 219  
 250g Rump topped with tortilla chips, tomato relish, melted cheddar, smashed avo & lemon cream.

**GRILL O STEAK & WINGS** 239  
 300g Sirloin-on-the-Bone & Grill O wings.

# Salads

**BACON & HALLOUMI SALAD PLATE** 129  
 A deconstructed salad with bacon, grilled halloumi bites, avo, peppers, cucumber, boiled egg, red onion & cherry tomatoes.

**CHICKEN & AVO SALAD PLATE** 129  
 A deconstructed salad with grilled chicken strips, feta cheese, avo, corn, cucumber, red onion, boiled egg & cherry tomatoes.

**GREEK SALAD** 99  
 Lettuce base loaded with feta cheese, red onion, cherry tomatoes, peppers & olives.

**GRILL O SALAD** 119  
 Grilled chicken strips, avo, feta & roasted cashew nuts, served on a farm-fresh salad base.

**CHICKEN MAYO SALAD** 119  
 Tangy chicken mayo, with avo & bacon bits, served on a farm-fresh salad base, with a ranch dressing.





*Ribs & Wings*

# Grill O Iconic Full Cage Ribs

*Grill O's own In-House Secret Recipe!  
Dry rubbed & slow roasted in the oven for 3-4 hours, then marinated &  
grilled with our BBQ basting or Grill O honey basting.  
A full cage Rib is the perfect combination of loin & belly,  
giving you the best of both worlds!*

## Full Cage Ribs

400g	169
600g 	249
 <b>Grill O Hot Ribs</b>	179
400g Full cage ribs, golden-fried in our secret breading. Nice & spicy. You'll beg for more!! Can also be ordered "not spicy".	



*Grill O Hot Ribs*

## Rib Combos

<b>RIB &amp; WINGS</b> 	229
400g Cage ribs & spicy Grill O wings. Served with blue cheese, sweet chilli or creamy ranch sauce.	
<b>RIB &amp; CHICKEN</b>	269
400g Cage ribs & ½ peri chicken.	
<b>TWO-WAY RIBS</b>	299
400g Cage ribs & 400g Deep fried ribs.	



# DELICIOUS Burgers


*All our beef burgers are 180g prime beef, minced & lightly spiced, served with chips & onion shavings. Any burger can be served as a chicken option at no extra charge.*

**THE BASIC** 99   
Tomato, sweet pickles & smokey mayo.

**THE BIG CHEESE** 109   
Basic with cheese sauce & cheddar cheese.

**THE MEXICAN** 125   
Tomato relish, smashed avo, jalapeno & cheddar cheese.

**THE AMERICAN** 125   
Bacon, Cheese & Egg.

**THE JOZI** 125   
Smashed avo & bacon.

**THE FUN GUY** 125   
Cheddar slice, sautéed mushrooms & mushroom sauce.

**THE VEGGIE**  119   
Vegetarian patties, sautéed mushrooms & mushroom sauce.

 **THE GRILL O**  179   
Double open-faced burger, with double toppings!  
Bacon, egg & cheese and cheddar slab, sautéed mushrooms & mushroom sauce.





*Braised Short Rib*



*Eisbein*

# Grill O Specialities

**GRILL O BEEF SCHNITZEL 179**

Tenderised prime beef, crumbed & golden fried, topped with sautéed mushrooms & bacon bits, then covered with cheese sauce & grated cheese.

**FAMOUS EISBEIN 189**

Pickled eisbein, crispy-fried. Served with fluffy mash or chips.

**LAMB SHANK SQ**

Slow roasted with loads of added flavour. Served on fluffy mash or rice & veg. Ask your waiter for availability size & price.

**SURF & TURF 259**

Best of both worlds! 200g fillet, paired with 4 plump prawns.

**LAMB CHOPS SQ**

300g Loin lamb chops, marinated & perfectly grilled, served with a mustard sauce.

**OXTAIL SQ**

Grill O's secret recipe! Served on fluffy mash or rice & veg.

**BRAISED SHORT RIB NEW! 219**

500g Delectable beef short rib, marinated & slow cooked in red wine & broth. Served on fluffy mash or rice & veg. You'll beg for more!

**OLD SCHOOL FISH & CHIPS 139**

Fillet of hake, grilled or fried in a light batter.

**TWO-WAY PRAWNS SQ**

6 Grilled prawns & 6 crumbed prawns. The perfect pair!

**LM PRAWNS SQ**

8 or 12 Plump prawns, perfectly grilled in butter, served on a bed of rice.

Select garlic butter, lemon butter or peri sauce on the side.







Grill O Chicken Schnitzel



Butter Chicken Curry

# Chicken

## Chicken Schnitzels



PANKO-CRUMBED CHICKEN BREAST FILLET, SERVED WITH YOUR FAVOURITE TOPPINGS & STARCH OF CHOICE.

Any Schnitzel may also be ordered "naked" as grilled chicken breasts.

- **Beef option R25 extra.**
- Saucy chicken schnitzel - cheese, mushroom, pepper or garlic. **119**
- Cheese slab & mushroom sauce. **129**
- Cheese slab & pepper sauce. **129**
- Cheese sauce, pickled jalapenos & grated cheddar. **149**
- Cheese sauce, biltong shavings & grated cheese. **149**
- Tortilla chips, tomato relish, melted cheddar, smashed avo & lemon cream. **159**
- Cheese sauce, bacon bits, sautéed mushrooms & grated cheddar. **159**

**SHISA SCHNITZEL** NEW! **129**

Chicken breast fillet crumbed with our hot-and-spicy breading. Topped with a cheese slice & cheese sauce.

**CHICKEN CORDON BLEU** **179**

Crumbed chicken fillet roulade with mozzarella, cheddar & gypsy ham. Topped with mushroom & cheese sauce.

**TWO-WAY WINGS** Grill O Legend **159**

BBQ wings & spicy deep-fried wings, served with blue cheese sauce, sweet chilli or creamy ranch sauce.

**PERI-PERI CHICKEN**

Marinated in our mild Portuguese chilli sauce & roasted in the oven. Finished off on the flame-grill.

- Full Chicken **179**
- Half Chicken **119**

**BUTTER CHICKEN CURRY** Grill O Legend **149**

Mild & sweet, Moorish creamy curry.

**CHICKEN, BACON & MUSHROOM WEDGES** **119**

Fried potato wedges topped with grilled chicken bits, bacon bits, sautéed mushrooms, cheese sauce & grated cheddar cheese.

**CHICKEN STIR FRY** **129**

Julienne veggies, chicken strips, light ginger soy sauce & cashew nuts. Served with rice.

# KIDS MENU

Specially crafted meals for children under 12 only.



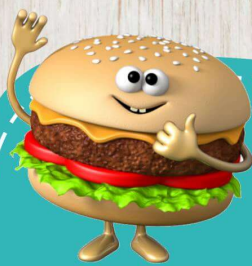
*Cheesy Burger*



*Chicken Strips*



*Mac-n-cheese*



## MEALS

<b>CHEESY BURGER &amp; CHIPS</b>	<b>65</b>
<b>CHICKEN STRIPS &amp; CHIPS</b>	<b>55</b>
<b>MAC-n-CHEESE</b>	<b>49</b>
<b>FISH FINGERS &amp; CHIPS</b>	<b>45</b>
<b>CHEESE GRILLER &amp; CHIPS</b>	<b>45</b>
<b>CHEESY PIZZA</b>	<b>59</b>
<ul style="list-style-type: none"> <li>● Add bacon bits - 28</li> <li>● Add cheese griller bits - 28</li> </ul>	
<b>TOASTED CHEESE</b>	<b>45</b>

## DRINKS



<b>SODAS 250ml</b>	<b>15</b>
Coke, Coke no sugar, Fanta or Crème Soda	
<b>MILKSHAKES</b>	<b>26</b>
Chocolate, Strawberry, Bubblegum, Lime or Banana	
<b>KIDDIES UNICORN SHAKE</b>	<b>35</b>
<b>KIDDIES OREO-CARAMEL SHAKE</b>	<b>35</b>
<b>FLOATS</b>	<b>22</b>
Coke, fanta or crème soda	

## DESSERTS

<b>ASTRO ICE CREAM &amp; STRAWBERRY SAUCE</b>	<b>24</b>
<b>OREO ICE CREAM &amp; CHOC SAUCE</b>	<b>24</b>





# Milkshakes

● Regular shake 39    ● Large shake 45

Vanilla, Lime, Strawberry, Chocolate, Coffee, Bubblegum or Fruit.

**BAR ONE SHAKE** 49

Vanilla shake blended with Bar One sauce.

**PEPPERMINT CRISP CARAMEL** 49

Vanilla shake, loaded with crushed peppermint crisp chocolate & caramel sauce.

**CARAMEL KOEKSISTER** 49

Vanilla-caramel shake loaded with caramel sauce & a koeksister.

**SALTED CARAMEL EXTREME** 49

Salted caramel shake with caramel sauce & caramel popcorn.

**UNICORN** 49

Strawberry & bubblegum rainbow shake with astros, sprinkles & mini marshmallow cone.

**OREO-CARAMEL DELIGHT** 49

Chocolate shake with crushed Oreos & caramel popcorn.

**PEANUT BUTTER FUDGE** 49

**DREAM**

Vanilla-fudge shake blended with peanut butter & home-made fudge.

**COOKIES & CREAM** 49

Strawberry shake with cookies, wafer & cream.





# Cafè & Drinks

## FILTER COFFEE

Regular 22 Mega 28

## POT OF TEA 22

Rooibos or Five roses.

## ESPRESSO

Single 24 Double 30

## AMERICANO

Regular 24 Mega 30

## CAPPUCCINO - Froth

Regular 28 Mega 38

## CAPPUCCINO - Cream

Regular 30 Mega 40

## RED CAPPUCCINO

Regular 28 Mega 38

## CAFÉ LATTE 32

## GOURMET LATTE / FRAPPÈ 39

Chai, Hazelnut or Salted caramel.

## HOT CHOCOLATE OR MILO 36

## HOT WATER & LEMON 8

## HOT WATER, LEMON & HONEY 16

## MINERAL WATER 22

Still or Sparkling

## FRUIT JUICE

Variety of flavours available.

Regular 32 Large 48

## SODAS (300ml Cans) 24

Coca-Cola, Coke no sugar, Coke light, Sprite, Sprite no sugar, Stoney, Crème soda or Fanta.

## SODAS (500ml served in a glass) 28

Coca-Cola, Coke no sugar, Sprite, Crème soda or Fanta.

## ICE TEA 32

Lemon or Peach.

## TIZERS 35

Apple or Grape.

## ROCK SHANDY

Sprite, Soda water & Bitters.

Regular 28 Large 42

## THIRST QUECHERS

Cola Tonic, Lime or Passion fruit, served with sprite or Soda water.

Regular 26 Large 38

Milk can be substituted for Almond milk @ R10 extra